

# Terrace Park News

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## Notes from the Manager

I am going to write this month on discharge planning. This is something each family needs to think of upon entering their loved one into Terrace Park and also day to day. We need to know what each families or tenants plans are when the time comes that Terrace Park is no longer suitable. There are many reasons we might not be able to keep a tenant in the Assisted Living. To name a few are wandering, harmful to self or others, unable to control incontinence, unable to feed self, and unable to be socially appropriate, unable to get up by self, get to restroom by self, etc.

In this past month we have had a couple tenants have to move into Westview Acres Nursing Home. I just want everyone to know in their head that this isn't a place they can stay until the end. We are not an aging in place facility. We will do everything we can to keep you as long as we possibly can but also must stay within state requirements.

Our annual GARAGE SALE will be August 6, 2010. Please come out and support our sale; as all of our profits goes to our Activity Fund. We have lots of nice things that have been donated graciously by many families and friends! Our sale will be from 8am till early evening.

I am also gearing up for National Assisted Living Week which is September 12<sup>th</sup>-18<sup>th</sup>, 2010. The theme this year is Living Life. I have enclosed a flyer on T-shirts. Anyone wanting to participate and buy a t-shirt and join the staff in wearing them that week is appreciated. Please notify Jonda if you would like to purchase a shirt. This week is always a ton of fun for all. Watch next month for all the details.

Well until next time,  
Jonda

**“Happiness isn't something you experience, it's something you remember.” ~ Oscar Levant**

## Jonda's Recipe Corner



### Fruit Punch

2 qt-64 oz orange juice  
2 qt-64 oz apricot nectar  
2 qt-64 oz pineapple juice  
2 liter of ginger ale  
2 cups fresh strawberries, cored  
1.5 qts orange sherbet, softened  
ice

Combine juices and ginger ale in a punch bowl. Add strawberries, sherbet and ice. Serves about 50 servings 6 oz each.



### Kim Monroe Prices for Beautician Services!

\*Kim is at Terrace Park on Tuesdays now!!

**Cut and Set \$25.00**

**Cut \$13.00**

**Shampoo Set \$13.00**

**Perms \$45.00**



## Medical Notes



### Communication Difficulties

Communication, they say, is a two-way street. This is an old adage perhaps, but one that is very true. In order to have any type of successful relationship, it is important to have good communication skills. Unfortunately as people age, their communication skills may become less effective. The elderly may suffer from hearing loss, visual loss, and or a stroke which can affect their speech patterns, and dementia.

Basic communication is through the spoken word; however, other methods of communication include the written word, sign language and gestures and body language.

One of the most common communication barriers that you encounter is hearing loss. If you are dealing with someone with significant hearing loss, you must approach the person face to face and make direct eye contact. This allows lip reading. Speak in a clear, distinct tone of voice.. Make sentences that are simple and direct.



